

Board of Trustees Joyce Dalessandro Kristin Gibson Beth Hergesheimer Melisse Mossy Maureen "Mo" Muir

Superintendent Robert A. Haley, Ed.D.

710 Encinitas Boulevard, Encinitas, CA 92024 Telephone (760) 753-6491 www.sduhsd.net

February 4, 2019

Dear Parents and Students,

California Assembly Bill 2022 requires schools to notify pupils and parents or guardians of pupils of how to initiate access to available pupil mental health services on campus or in the community.

Reaching and teaching the whole child to ensure that **all** students are healthy, safe, engaged, challenged, and supported is of the utmost importance. Attending to the mental health needs of our students is one way we can ensure the safety of our students and support them in achieving their educational and personal goals.

Please visit the <u>Parent Resources</u> tab on website to view how to access pupil mental health services at La Costa Canyon High School.

The district also has a <u>SDUHSD Student Support & Wellness</u> page with additional resources.

In addition, the district has created a <u>Community-Based Resource Guide</u> with local services and many families will begin with their health insurance for mental health needs and referrals. There is further information about <u>Healthy Families and Medi-Cal for Families</u> and <u>Voluntary Student Accident Insurance</u> on the district website. Please let me know if you have any questions.

Sincerely,

Reno Medina, Principal

reno.medina@sduhsd.net